



Oakhill Community Primary School

federated with Hanburys Farm Primary

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During this half term the children will be learning all about relationships.

Relationships are a “Golden Thread” woven throughout the Early years and Jigsaw Programmes, as well as the focus of specific learning in the Relationships Puzzle (unit). We are eager to start by building a positive relationship with self and looking outwards to building relationships with others. All of the session plans within Jigsaw include activities to enhance social skills. Many have this explicitly within the main session teaching and/or within the activities suggested for group work.

The children are taught the following learning intentions in each year group.

Relationships in Early years:

- I can identify some of the jobs I do in my family and how I feel like I belong
- I know how to make friends to stop myself from feeling lonely
- I can think of ways to solve problems and stay friends
- I am starting to understand the impact of unkind words
- I can use Calm Me time to manage my feelings
- I know how to be a good friend

Relationships in Year 1:

- I can identify the members of my family and understand that there are lots of different types of families
- I know appropriate ways of physical contact to greet my friends and know which ways I prefer
- I can identify what being a good friend means to me
- I know who can help me in my school community
- I can recognise my qualities as person and a friend
- I can tell you why I appreciate someone who is special to me

Relationships in Year 2:

- I accept that everyone’s family is different and understand that most people value their family
- I understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not
- I can identify some of the things that cause conflict with my friends
- I understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret
- I recognise and appreciate people who can help me in my family, my school and my community
- I can express my appreciation for the people in my special relationships
- I know which types of physical contact I like and don’t like and can talk about this
- I can demonstrate how to use the positive problem-solving technique to resolve conflicts with my friends
- I know how it feels to be asked to keep a secret I do not want to keep and know who to talk to about this
- I understand how it feels to trust someone

Relationships in Year 3

- I can identify the roles and responsibilities of each member of my family and can reflect on the expectations for males and females
- I know and can use some strategies for keeping myself safe online
- I can explain how some of the actions and work of people around the world help and influence my life
- I understand how my needs and rights are shared by children around the world and can identify how our lives may be different.
- I can identify and put into practice some of the skills of friendship eg. taking turns, being a good listener
- I know who to ask for help if I am worried or concerned about anything online

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- I can show an awareness of how this could affect my choices
- I can empathise with children whose lives are different to mine and appreciate what I may learn from them
- I know how to express my appreciation to my friends and family
- I can describe how taking some responsibility in my family makes me feel
- I know how to negotiate in conflict situations to try to find a win-win solution

Relationships in Year 4:

- I can recognise situations which can cause jealousy in relationships
- I can identify someone I love and can express why they are special to me
- I can tell you about someone I know that I no longer see
- I can recognise how friendships change, know how to make new friends and how to manage when I fall out with my friends
- I understand what having a boyfriend/ girlfriend might mean and that it is a special relationship for when I am older
- I know how to show love and appreciation to the people and animals who are special to me
- I know how most people feel when they lose someone or something they love
- I understand that we can remember people even if we no longer see them
- I know how to stand up for myself and how to negotiate and compromise
- I understand that boyfriend/girlfriend relationships are personal and special, and there is no need to feel pressurised into having a boyfriend/ girlfriend
- I can love and be loved
- I can identify feelings associated with jealousy and suggest strategies to problem-solve when this happens

Relationships in Year 5:

- I have an accurate picture of who I am as a person in terms of my characteristics and personal qualities
- I understand that belonging to an online community can have positive and negative consequences
- I understand there are rights and responsibilities in an online community or social network
- I know there are rights and responsibilities when playing a game online
- I can recognise when I am spending too much time using devices (screen time)
- I can explain how to stay safe when using technology to communicate with my friends
- I can recognise when an online community feels unsafe or uncomfortable
- I can recognise when an online community is helpful or unhelpful to me
- I can recognise when an online game is becoming unhelpful or unsafe
- I can identify things I can do to reduce screen time, so my health isn't affected
- I can recognise and resist pressures to use technology in ways that may be risky or may cause harm to myself or others
- I know how to keep building my own self-esteem

Relationships in Year 6:

- I know that it is important to take care of my mental health
- I know how to take care of my mental health
- I understand that there are different stages of grief and that there are different types of loss that cause people to grieve
- I can recognise when people are trying to gain power or control
- I can judge whether something online is safe and helpful for me
- I can use technology positively and safely to communicate with my friends and family
- I can help myself and others when worried about a mental health problem
- I can recognise when I am feeling those emotions and have strategies to manage them
- I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control
- I can resist pressure to do something online that might hurt myself or others
- I can take responsibility for my own safety and well-being
- I understand that people can get problems with their mental health and that it is nothing to be ashamed of

If you are concerned about any of the above or want to discuss learning further, please do not hesitate to contact the school office to arrange a meeting with me. Thank you for your support as always.

Kind regards

Mrs McAllister.

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